

# MIDWEEK CLASSES AT JODY MARSHALL DANCE COMPANY - 2024

STUDENTS AGE AS OF THE 1ST JANUARY 2024

## MONDAY

		4:15-5:00	HIP HOP 9-11 YRS						
				5:00-5:45	CONDITIONING 9+ YRS	5:00-6:00	LEVEL 3 ACRO - ABILITY	5:00-6:00	ADVANCED ACRO - ABILITY
6:00-7:15	SENIOR LYRICAL 15+ YRS	6:00-6:45	HIP HOP 12+ YRS						
7:15-8:15	OPEN JAZZ TECHNIQUE 15+ YRS			7:00-8:15	OPEN JAZZ / FITNESS 15+ YRS				
8:15-9:15	SENIOR JAZZ TROUPE 15+ YRS								

## TUESDAY

9.00-10.00	TODDLER TIME - Jazz/Tap/Tumble								
	18 months - 4 yrs								
4:00-4:45	TPA A EXAM 4YRS	4:00-4:45	TPA B EXAM 5 YRS	4:00-4:45	BEG LYRICAL 6/7 YRS	4:00-4:45	JUNIOR LYRICAL 7/8 YRS	4:15-5:15	ELEMENTARY 14 YRS
4:45-5:30	TAP 1 AND 2 - 4/5/6 YRS	4:45-5:45	TAP 3 AND 4 - 7/8 YRS					5:15-6:15	INTERMEDIATE 15 YRS
5:30-6:15	PRE MOD JAZZ EXAM - 6 YRS	5:45-6:30	JNR MOD JAZZ EXAM - 7 YRS	5:45-6:30	MOD JAZZ 1 EXAM - 8YRS			6:15-6:45	INTERMEDIATE POINTE
6:45-7:30	15+ YRS JAZZ TECHNIQUE					6:30-7:30	ADULT TAP ? Interest Only	6:45-7:45	SUB ELEMENTARY 13 YRS
7.30-8.30	SENIOR TAP								

## WEDNESDAY

4:00-4:50	PRE-BALLET 4-5 YRS	4:00-4:55	PRIMARY BALLET - 6 YRS	4:00-4:55	GRADE 1 BALLET 7YRS	4:10-4:55	GR 2/3/4 STRETCH	4:15-5:00	GR 5/6 POINTE
5:00-6:00	GRADE 2 BALLET 8 YRS	5:00-6:00	GRADE 3 BALLET 9 YRS	5:00-6:00	GRADE 4 BALLET 10 YRS	5:00-5:45	GR 5/6 STRETCH	5:00-5:45	4-7 YRS STRETCH
6:00-7:00	GRADE 5 BALLET 11 YRS	6:00-7:00	GRADE 6 BALLET 12 YRS			6:15-7:15	JM'S ADULT TAPPERS		
7:00-8:00	ADVANCED BALLET 16 YRS					7:15-8:00	ADULT JAZZ ? Interest Only		

## THURSDAY

9.15-10.15	BALLERINA BOP (JAYNE)								
	18 months - 4 yrs								
4:00-4:45	9/10 YRS LYRICAL			4:00-4:45	GRADE 6 BALLET - 12 YRS	4:00-4:45	GRADE 5 BALLET - 11 YRS		
4:45-5:30	11/12 YRS LYRICAL			4:45-5:30	GRADE 3 BALLET - 9 YRS	4:45-5:30	GRADE 4 BALLET - 10 YRS		
5:30-6:15	9/10 YRS JAZZ TECHNIQUE	5:30-6:15	11/12 YRS JAZZ TECHNIQUE	5:30-6:15	TPA 7 EXAM - 13 YRS	5.30-6.15	TPA 8 EXAM - 14 YRS		
6:15-7:00	13/14 YRS LYRICAL			6:15-7:00	TPA 4 EXAM - 9 YRS	6:15-7:00	TPA 5 EXAM - 10 YRS	6:15-7:00	TPA 6 EXAM - 11 YRS
7:00-7:45	13/14 YRS JAZZ TECHNIQUE			7:00-7:45	JUNIOR PERFORMERS 12 YRS				

## FRIDAY

	PRIVATE LESSONS		PRIVATE LESSONS		PRIVATE LESSONS		PRIVATE LESSONS		PRIVATE LESSONS
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# SATURDAY CLASSES AT JODY MARSHALL DANCE COMPANY - 2024

STUDENTS AGE AS OF THE 1ST JANUARY 2024

## SATURDAY - 18 MONTHS TO 8 YEARS

PRESCHOOLERS		4 YEARS		5-6 YEARS		7 YEARS		8 YEARS	
8:45-9:30	HOPPERS JAZZ 2-4 YRS			8:30-9:15	MUSICAL THEATRE 1 5-7 YRS	8:30-9:15	MUSICAL THEATRE 1 5-7 YRS	8:30-9:15	GRADE 2 BALLET 8 YRS
9:30-10:15	HOPPERS TAP 2-4 YRS			9:15-10:00	JAZZ TROUPE 5-6 YRS	9:15-10:00	GRADE 1 BALLET 7 YRS	9:15-10:00	MUSICAL THEATRE 2 8-10 YRS
10:15-10:45	HOPPERS TUMBLE 2-4 YRS	10:00-10:45	JAZZ TECHNIQUE 4 YRS	10:00-10:45	JAZZ TECHNIQUE 5-6 YRS	10:00-10:45	JAZZ TROUPE 7-8 YRS	10:00-10:45	JAZZ TROUPE 7-8 YRS
		10:45-11:00	BREAK	10:45-11:00	BREAK	10:45-11:45	BREAK	10:45-11:45	BREAK
		11:00-11:45	ACRO 4 YRS	11:00-11:45	ACRO 5-6 YRS	11:45-12:30	JAZZ TECHNIQUE 7-8 YRS	11:45-12:30	JAZZ TECHNIQUE 7-8 YRS
						12:30-1:30	ACRO 1,2 OR 3 - BY ABILITY	12:30-1:30	ACRO 1,2 OR 3 - BY ABILITY
						12:45-1:30	STRENGTH/CONDITIONING	12:45-1:30	STRENGTH/CONDITIONING

## SATURDAY - 9 YEARS TO 16 YEARS

9-10 YEARS		11-12 YEARS		13-14 YEARS		15-16 YEARS			
9:15-10:00	MUSICAL THEATRE 2/8-10 YR			10:45-11:30	SUB ELEMENTARY 13 YRS				
10:00-11:00	TAP TECH/TROUPE 9-10 YRS	10:00-10:45	MUSICAL THEATRE 3/11-12 YR	10:45-11:30	ELEMENTARY 14 YRS				
11:00-11:45	JAZZ TECHNIQUE 9-10 YRS	11:00-12:00	TAP TECH/TROUPE 11-12 YRS	11:30-12:15	SUB /ELEM POINTE 13-14 YRS	11:30-12:15	INTERMEDIATE 15 YRS		
11:45-12:30	BREAK	12:00-12:30	BREAK	12:15-12:30	BREAK	12:15-12:30	BREAK		
12:30-1:30	ACRO 1,2 OR 3 - BY ABILITY	12:30-1:30	ACRO 1,2 OR 3 - BY ABILITY	12:30-1:30	ACRO 1,2 OR 3 - BY ABILITY	12:30-1:30	ACRO 1,2 OR 3 - BY ABILITY	12:45-1:30	STRENGTH/CONDITIONING
1:30-2:15	JAZZ TROUPE 9-10 YRS	1:30-2:15	JAZZ TECHNIQUE 11-12YRS	1:30-2:30	TAP TECH/TROUPE 13-16 YRS	1:30-2:30	TAP TECH/TROUPE 13-16 YRS	12:45-1:30	MUSICAL THEATRE 4 13 YRS +
		2:15-3:00	JAZZ TROUPE 11-12 YRS	2:30-3:00	BREAK	2:30-3:00	BREAK		
				3:00-3:45	JAZZ TECHNIQUE 13-16 YRS	3:00-3:45	JAZZ TECHNIQUE 13-16 YRS		
				3:45-4:30	JAZZ TROUPE 13-16 YRS	3:45-4:30	JAZZ TROUPE 13-16 YRS		

**ACRO IS BASED BY ABILITY NOT AGE. AS SKILLS ARE OBTAINED AND DISPLAYED CORRECTLY, TEACHERS WILL MOVE STUDENTS TO THE CORRECT LEVEL.**

LEVEL 2 REQUIREMENTS - BENDBACK DOWN AND BACK UP, UNASSISTED. AS WELL AS CARTWHEELS ON BOTH SIDES AND A STRAIGHTOVER.

LEVEL 3 REQUIREMENTS - A FORWARD AND BACKWARD TINSKI, UNASSISTED. A HANDSPRING, FINISHED STANDING (NO BOTTOM ON THE FLOOR)

ADVANCED ACRO - MULTIPLE FLIPS (ON THE FLOOR) AND AERIAL CARTWHEEL

**TROUPE AND COMPETITION WORK**

TO COMPETE IN JAZZ & LYRICAL TROUPES - YOU MUST BE DOING 2 BALLET CLASSES FOR 7 YEARS TO 14 YEARS, 1 CLASS FOR 15 YEARS- **NO EXCEPTIONS** (CLASSICAL EXERCISES CAN BE MODIFIED TO CATER TO INJURIES) ALL RELEVANT CLASSES FOR THAT GENRE MUST BE ATTENDED

TO COMPETE IN CLASSICAL, LYRICAL AND JAZZ SOLOS/DUOS - YOU MUST BE DOING 2 BALLET CLASSES FOR 7 YEARS TO 15 YEARS AS WELL AS ALL RELEVANT CLASSES FOR THAT GENRE

# MIDWEEK CLASSES AT JODY MARSHALL DANCE COMPANY - 2024

## 18 MONTHS TO 8 YEARS

STUDENTS AGE AS OF THE 1ST JANUARY 2024

### TUESDAY

9.00-10.00	TODDLER TIME - Jazz/Tap/Tumble								
	18 months - 4 yrs								
4:00-4:45	TPA A EXAM 4YRS	4:00-4:45	TPA B EXAM 5 YRS	4:00-4:45	BEG LYRICAL 6/7 YRS	4:00-4:45	JUNIOR LYRICAL 7/8 YRS		
4:45-5:30	TAP 1 AND 2 - 4/5/6 YRS	4:45-5:45	TAP 3 AND 4 - 7/8 YRS						
5:30-6:15	PRE MOD JAZZ EXAM- 6 YRS	5:45-6:30	JNR MOD JAZZ EXAM- 7 YRS	5:45-6:30	MOD JAZZ 1 EXAM- 8YRS				

### WEDNESDAY

4:00-4:50	PRE-BALLET 4 - 5 YRS	4:00-4:55	PRIMARY BALLET - 6 YRS	4:00-4:55	GRADE 1 BALLET - 7 YRS	4:10-4:55	GR 2/3/4 STRETCH		
5:00-6:00	GRADE 2 BALLET - 8 YRS					5:00-5:45	5-7 YRS STRETCH		

### THURSDAY

9.15-10.15	BALLERINA BOP (JAYNE)								
	18 months - 4 yrs								

### FRIDAY

	PRIVATE LESSONS		PRIVATE LESSONS		PRIVATE LESSONS		PRIVATE LESSONS		PRIVATE LESSONS
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### SATURDAY

	PRESCHOOLERS		4 YEARS		5-6 YEARS		7 YEARS		8 YEARS
8:45-9:30	HOPPERS JAZZ 2-4 YRS			8:30-9:15	MUSICAL THEATRE 1 5-7 YRS	8:30-9:15	MUSICAL THEATRE 1 5-7 YRS	8:30-9:15	GRADE 2 BALLET 8 YRS
9:30-10:15	HOPPERS TAP 2-4 YRS			9:15-10:00	JAZZ TROUPE 5-6 YRS	9:15-10:00	GRADE 1 BALLET 7 YRS	9:15-10:00	MUSICAL THEATRE 2 8-10 YRS
10:15-10:45	HOPPERS TUMBLE 2-4 YRS	10:00-10:45	JAZZ TECHNIQUE 4 YRS	10:00-10:45	JAZZ TECHNIQUE 5-6 YRS	10:00-10:45	JAZZ TROUPE 7-8 YRS	10:00-10:45	JAZZ TROUPE 7-8 YRS
		10:45-11:00	BREAK	10:45-11:00	BREAK	10:45-11:45	BREAK	10.45-11.45	BREAK
		11:00-11:45	ACRO 4 YRS	11:00-11:45	ACRO 5-6 YRS	11:45-12:30	JAZZ TECHNIQUE 7-8 YRS	11:45-12:30	JAZZ TECHNIQUE 7-8 YRS
						12:30-1.30	ACRO 1,2 OR 3 - BY ABILITY	12:30-1.30	ACRO 1,2 OR 3 - BY ABILITY
						12:45-1:30	STRENGTH/CONDITIONING	12:45-1:30	STRENGTH/CONDITIONING

# MIDWEEK CLASSES AT JODY MARSHALL DANCE COMPANY - 2024

## 9 YEARS TO ADULT

STUDENTS AGE AS OF THE 1ST JANUARY 2024

### MONDAY

		4:15-5:00	HIP HOP 9-11 YRS						
				5:00-5:45	CONDITIONING 9+ YRS	5:00-6:00	LEVEL 3 ACRO - ABILITY	5:00-6:00	ADVANCED ACRO - ABILITY
6:00-7:15	SENIOR LYRICAL 15+ YRS	6:00-6.45	HIP HOP 12+ YRS						
7:15-8:15	OPEN JAZZ TECHNIQUE 15+ YRS			7:00-8:15	OPEN JAZZ / FITNESS 15+ YRS				
8:15-9:15	SENIOR JAZZ TROUPE 15+ YRS								

### TUESDAY

4:15-5:15	ELEMENTARY 14 YRS								
5:15-6:15	INTERMEDIATE 15 YRS								
6:15-6:45	INTERMEDIATE POINTE 15 YR								
6:45-7:45	SUB ELEMENTARY 13 YRS	6:45-7:30	15+ YRS JAZZ TECHNIQUE	6:30-7:30	ADULT TAP ? Interest Only				
		7:30-8:30	SENIOR TAP						

### WEDNESDAY

5:00-6:00	GRADE 3 BALLETT 9 YRS	5:00-6:00	GRADE 4 BALLETT 10 YRS	4:10-4:55	GR 2/3/4 STRETCH	4:15-5:00	GR 5/6 POINTE		
6:00-7:00	GRADE 5 BALLETT 11 YRS	6:00-7:00	GRADE 6 BALLETT 12 YRS	5:00-5:45	GR 5/6 STRETCH				
7:00-8:00	ADVANCED BALLETT 16 YRS							6:15-7:15	JM'S ADULT TAPPERS
								7:15-8:00	ADULT JAZZ ? Interest Only

### THURSDAY

4:00-4:45	9/10 YRS LYRICAL			4:00-4:45	GRADE 6 BALLETT - 12 YRS	4:00-4:45	GRADE 5 BALLETT - 11 YRS		
4:45-5:30	11/12 YRS LYRICAL			4:45-5:30	GRADE 3 BALLETT - 9 YRS	4:45-5:30	GRADE 4 BALLETT - 10 YRS		
5:30-6:15	9/10 YRS JAZZ TECHNIQUE	5:30-6:15	11/12 YRS JAZZ TECHNIQUE	5:30-6:15	TPA 7 EXAM - 13 YRS	5.30-6.15	TPA 8 EXAM - 14 YRS		
6:15-7:00	13/14 YRS LYRICAL			6:15-7:00	TPA 4 EXAM - 9 YRS	6:15-7:00	TPA 5 EXAM - 10 YRS	6:15-7:00	TPA 6 EXAM - 11 YRS
7:00-7:45	13/14 YRS JAZZ TECHNIQUE			7:00-7:45	JUNIOR PERFORMERS 12 YRS				

### FRIDAY

	PRIVATE LESSONS		PRIVATE LESSONS		PRIVATE LESSONS		PRIVATE LESSONS		PRIVATE LESSONS
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### SATURDAY

	9-10 YEARS		11-12 YEARS		13-14 YEARS		15-16 YEARS		
9:15-10:00	MUSICAL THEATRE 2/8-10 YR			10:45-11:30	SUB ELEMENTARY 13 YRS				
10:00-11:00	TAP TECH/TROUPE 9-10 YRS	10:00-10:45	MUSICAL THEATRE 3/11-12 YR	10:45-11:30	ELEMENTARY 14 YRS				
11:00-11:45	JAZZ TECHNIQUE 9-10 YRS	11:00-12:00	TAP TECH/TROUPE 11-12 YRS	11:30-12:15	SUB /ELEM POINTE 13-14 YRS	11:30-12:15	INTERMEDIATE 15 YRS		
11:45-12:30	BREAK	12:00-12:30	BREAK	12:15-12:30	BREAK	12:15-12:30	BREAK		
12:30-1:30	ACRO 1,2 OR 3 - BY ABILITY	12:30-1:30	ACRO 1,2 OR 3 - BY ABILITY	12:30-1:30	ACRO 1,2 OR 3 - BY ABILITY	12:30-1:30	ACRO 1,2 OR 3 - BY ABILITY	12:45-1:30	STRENGTH/CONDITIONING
1:30-2:15	JAZZ TROUPE 9-10 YRS	1:30-2:15	JAZZ TECHNIQUE 11-12YRS	1:30-2:30	TAP TECH/TROUPE 13-16 YRS	1:30-2:30	TAP TECH/TROUPE 13-16 YRS	12:45-1:30	MUSICAL THEATRE 4 13 YRS +
		2:15-3:00	JAZZ TROUPE 11-12 YRS	2:30-3:00	BREAK	2:30-3:00	BREAK		
				3:00-3:45	JAZZ TECHNIQUE 13-16 YRS	3:00-3:45	JAZZ TECHNIQUE 13-16 YRS		
				3:45-4:30	JAZZ TROUPE 13-16 YRS	3:45-4:30	JAZZ TROUPE 13-16 YRS		